NORDIC HOOPS ANALYTICS

TECHNICAL GAME REPORT

BOX SCORE + PLAY-BY-PLAY ANALYSIS

Centrum Tigers 47 - 83 Frøya

20/09/2026 | BLNO MEN

EXECUTIVE ANALYST REPORT

MATCH VERDICT

Frøya won by 36 through the combined effect of 48.3 points of offensive-rating advantage, stronger shot conversion and the ability to protect more possessions.

1. SHOT VALUE: Centrum Tigers 28.4% eFG% versus Frøya 57.5%.

2. POSSESSION SECURITY: TOV% was 24.5% versus 17%.

3. OFFENSIVE REBOUNDING: OREB totals were 10 versus 5; extra chances must be connected to efficient scoring.

4. PACE: estimated possessions were 79.7 and 77.4, not simply the number of field-goal attempts.

5. GAME CONTROL: the scoring flow below identifies when the margin expanded or contracted.

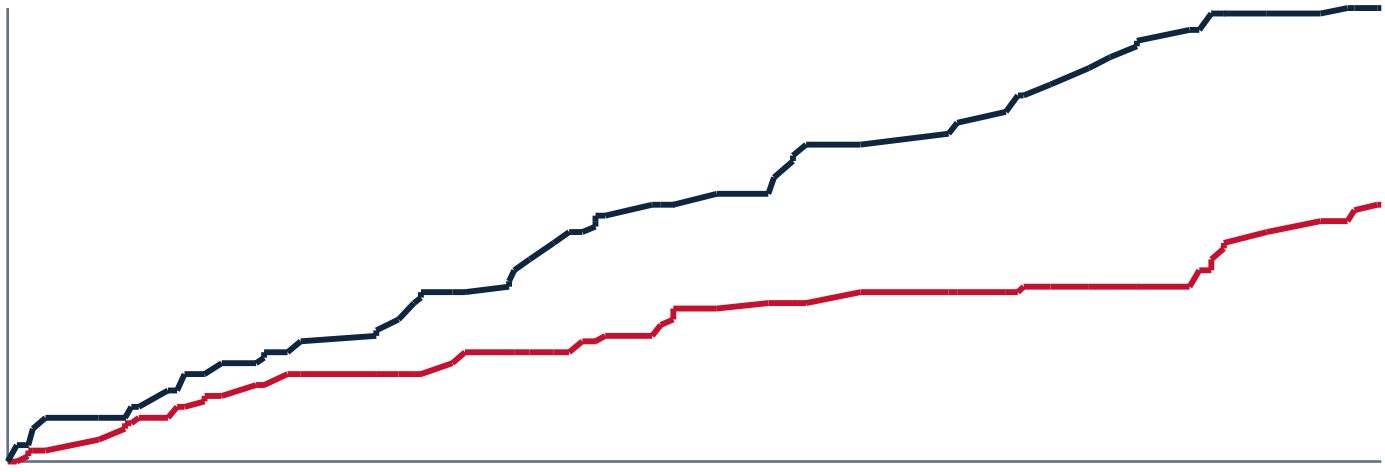
SCORING FLOW AND TEMPO

PERIOD	Centrum Tigers	Frøya	CUMULATIVE
Q1	16	22	16 - 22
Q2	12	25	28 - 47
Q3	4	20	32 - 67
Q4	15	16	47 - 83

SCORING RATE / GAME TEMPO

METRIC	Centrum Tigers	Frøya
Points per minute	1.18	2.08
Points per possession	0.59	1.073
Possessions per minute	1.99	1.93
Seconds per possession	30.1	31
Estimated ORTG	59	107.3

CUMULATIVE SCORE



Centrum Tigers 47 Frøya 83

ANALYST NOTE

The pace profile is separated from the scoring profile: a team can play at similar volume but generate a very different number of points per possession. Frøya scored 1.073 points per estimated possession.

COMPLETE TEAM BOX SCORE

STAT	Centrum Tigers	Frøya	WHY IT MATTERS
Points	47	83	-36
FGM - FGA	16 - 58	29 - 60	-13 makes
2PT	15/43	18/32	interior conversion
3PT	1/15	11/28	perimeter volume
FT	14/22	14/19	line pressure
OREB - DREB	10 - 25	5 - 31	5 OREB
Total rebounds	35	36	second chances
Assists	10	15	creation
Turnovers	22	14	possession cost
Steals	12	15	pressure
Blocks	2	2	rim events

ADVANCED TEAM PROFILE

METRIC	Centrum Tigers	Frøya	INTERPRETATION
ORTG	59	107.3	Frøya offensive edge
DRTG	107.3	59	lower is better
NET RTG	-48.3	48.3	single-game net
eFG%	28.4%	57.5%	shot value
TS%	34.7%	60.7%	free throws included
TOV%	24.5%	17%	possessions ending early
OREB%	24.4%	16.7%	second-chance share
FTr	37.9%	31.7%	FTA per FGA
AST/FGM%	62.5%	51.7%	assisted makes
3PA rate	25.9%	46.7%	perimeter diet

Possessions = FGA + 0.44 x FTA - OREB + TOV. DRTG uses opponent points over each team's estimated possessions.

SHOT ECONOMY

SHOOTING CHANNEL	Centrum Tigers	Frøya	ANALYTICAL READING
Points from 2PT	30	36	interior scoring
Points from 3PT	3	33	perimeter scoring
Points from FT	14	14	line pressure
2PT FG%	34.9%	56.3%	conversion
3PT FG%	6.7%	39.3%	perimeter conversion
FT%	63.6%	73.7%	free-throw conversion
Paint / 2PT attempt share	74.1%	53.3%	interior volume
3PT attempt share	25.9%	46.7%	perimeter volume

WHAT THIS MEANS ON COURT

The comparison must distinguish makes, attempts and points. Identical three-point makes can coexist with very different efficiency if one team needs more attempts; the higher-leverage separator is usually the combination of two-point conversion, turnovers and free-throw pressure.

SHOT-TIME PROFILE

WINDOW	H FGA	H FG%	H eFG%	H PTS	A FGA	A FG%	A eFG%	A PTS
EARLY | 24-17 sec	18	27.8%	27.8%	10	16	50%	59.4%	19
MIDDLE | 16-9 sec	19	26.3%	26.3%	10	17	47.1%	52.9%	18
LATE | 8-0 sec	13	30.8%	34.6%	9	16	50%	62.5%	20
CLASSIFIED TOTAL	50	32%	32%	33	49	59.2%	59.2%	69

IMPORTANT INTERPRETATION

Classified attempts: 50/58 for Centrum Tigers and 49/60 for Frøya. No official shot-clock field exists in the source; windows are reconstructed from game-clock events, made baskets, rebounds, turnovers and qualifying resets.

POSSESSION BATTLE

POSSESSION EVENT	Centrum Tigers	Frøya	COACHING INTERPRETATION
Estimated possessions	79.7	77.4	volume
Turnovers	22	14	lost opportunities
Steals	12	15	disruption
Offensive rebounds	10	5	extended possessions
Defensive rebounds	25	31	finished sequences
Total rebounds	35	36	overall board
Blocks	2	2	rim protection

PBP events loaded: 928. Scoring is checked against the official final score before a report is generated.

Centrum Tigers - FULL PLAYER TABLE

PLAYER	MIN	PTS	FGA	3PA	FTA	2P%	3P%	eFG%	TS%	USG%	AST	TO	REB
Leo Michaelsen Berbusmel	30.3	2	5	3	2	0	0	0	17	8.6	2	1	6
Morten Midtlie Holsæter	28.9	5	9	3	8	0	0	0	20	22	2	5	1
Malik Abdul Rauf	26.6	5	8	2	1	33.3	0	25	29.6	13.1	1	2	6
Trygve Anker Olsen	22.5	4	6	0	2	33.3	0	33.3	29.1	9.9	0	1	4
Mats Aarnseth Selboe	20.6	2	4	1	0	33.3	0	25	25	8.8	1	3	3
Skage Spernes Eidholm	19.6	3	5	0	2	20	0	20	25.5	8.6	1	1	7
Johannes Dolven	16.7	18	11	0	5	63.6	0	63.6	68.2	19.1	1	2	3
Martin Døvle Mogeland	10.5	2	3	1	0	50	0	33.3	33.3	6.3	0	2	1
Lukas Friberg	7.3	5	3	2	0	100	50	83.3	83.3	6.3	1	2	1
Alexford Obeng	7.1	1	1	0	2	0	0	0	26.6	4.9	0	2	3
Matthew Bernarte Garcia	5.4	0	2	2	0	0	0	0	0	2.5	1	0	0
Nordahl Farstadvoll-Furnes	4.6	0	1	1	0	0	0	0	0	2.5	0	1	0

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

Frøya - FULL PLAYER TABLE

PLAYER	MIN	PTS	FGA	3PA	FTA	2P%	3P%	eFG%	TS%	USG%	AST	TO	REB
Drake Downs	28.6	19	9	4	1	60	100	100	100.6	18.7	4	5	12
Kasper Hagberg	25.7	8	8	5	3	33.3	20	31.3	42.9	15.9	5	3	1
Christopher Jetsadakhon Dalland	22.3	11	6	5	2	100	60	91.7	79.9	8.9	3	0	2
Cory Johnson	22.2	12	12	3	0	66.7	0	50	50	15.5	0	0	7
Jacob Månsson	22.1	18	8	3	4	80	66.7	87.5	92.2	16.5	1	3	7
Johannes Benjamin Wangensteen	21	5	4	1	4	33.3	0	25	43.4	7.4	1	0	1
Sondre Jacobsen	19.6	2	2	1	0	100	0	50	50	2.6	0	0	1
Gabriel Jordan Sanford	18.7	2	5	1	2	25	0	20	17	8.9	0	1	2
Jo Mathias Bjørnevog	11.5	4	4	4	1	0	25	37.5	45	5.7	1	0	0
Aksel Hvalgård Borg	8.6	2	2	1	2	0	0	0	34.7	6.3	0	2	3

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

PLAYER PRODUCTION PER 100

PLAYER	TEAM	PTS/100	REB/100	AST/100	STL/100	TO/100	TS%	USG%
Drake Downs	Frøya	24.6	15.5	5.2	2.6	6.5	100.6	18.7
Jacob Månsson	Frøya	23.3	9	1.3	0	3.9	92.2	16.5
Johannes Dolven	Centrum Tigers	22.6	3.8	1.3	1.3	2.5	68.2	19.1
Cory Johnson	Frøya	15.5	9	0	2.6	0	50	15.5
Christopher Jetsadakhon Dalland	Frøya	14.2	2.6	3.9	2.6	0	79.9	8.9
Kasper Hagberg	Frøya	10.3	1.3	6.5	6.5	3.9	42.9	15.9
Johannes Benjamin Wangensteen	Frøya	6.5	1.3	1.3	1.3	0	43.4	7.4
Morten Midtlie Holsæter	Centrum Tigers	6.3	1.3	2.5	2.5	6.3	20	22
Malik Abdul Rauf	Centrum Tigers	6.3	7.5	1.3	2.5	2.5	29.6	13.1
Lukas Friberg	Centrum Tigers	6.3	1.3	1.3	0	2.5	83.3	6.3
Jo Mathias Bjørnevog	Frøya	5.2	0	1.3	0	0	45	5.7
Trygve Anker Olsen	Centrum Tigers	5	5	0	0	1.3	29.1	9.9
Skage Spernes Eidholm	Centrum Tigers	3.8	8.8	1.3	2.5	1.3	25.5	8.6
Sondre Jacobsen	Frøya	2.6	1.3	0	0	0	50	2.6
Gabriel Jordan Sanford	Frøya	2.6	2.6	0	2.6	1.3	17	8.9
Aksel Hvalgård Borg	Frøya	2.6	3.9	0	1.3	2.6	34.7	6.3
Leo Michaelsen Berbusmel	Centrum Tigers	2.5	7.5	2.5	2.5	1.3	17	8.6
Mats Aarnseth Selboe	Centrum Tigers	2.5	3.8	1.3	0	3.8	25	8.8
Martin Døvle Mogeland	Centrum Tigers	2.5	1.3	0	2.5	2.5	33.3	6.3
Alexford Obiang	Centrum Tigers	1.3	3.8	0	0	2.5	26.6	4.9
Matthew Bernarte Garcia	Centrum Tigers	0	0	1.3	0	0	0	2.5
Nordahl Farstadvoll-Furnes	Centrum Tigers	0	0	0	1.3	1.3	0	2.5

Per-100 values are normalised to each team's estimated possessions. They are not season averages and should be interpreted alongside minutes and role.

PLAYER-LEVEL ANALYST READ

Frøya: EFFICIENT CORE

Drake Downs (19 pts, 100.6 TS%, 24.6 PTS/100), Jacob Månsson (18 pts, 92.2 TS%, 23.3 PTS/100), Christopher Jetsadakhon Dalland (11 pts, 79.9 TS%, 14.2 PTS/100) led the most efficient scoring profiles among players with a meaningful attempt sample.

SCORING DISTRIBUTION

The leading scorers were Drake Downs (19), Jacob Månsson (18), Johannes Dolven (18). The key question is whether the scoring came from sustainable shot quality, free throws or high-volume attempts.

CREATION AND SECURITY

Kasper Hagberg supplied 5 assists. Drake Downs recorded 5 turnovers, so creation quality must be evaluated together with possession cost.

DATA, METHODS AND CONFIDENCE

OFFICIAL BOX SCORE

Team and player totals come from the official match record.

POSSESSION FORMULA

Estimated possessions = FGA + 0.44 x FTA - OREB + TOV.

ADVANCED RATES

ORTG, DRTG, NET RTG, eFG%, TS%, TOV%, OREB%, FTr, AST/FGM% and 3PA rate are calculated from the box score.

PLAYER RATES

PTS/100, REB/100, AST/100, STL/100 and TO/100 use each team's estimated possessions. USG% is the player's estimated finishing share.

SHOT-TIME RECONSTRUCTION

The play-by-play has game-clock events but no official shot-clock field. Possession starts and resets are reconstructed from event order.

QUALITY CONTROL

928 play-by-play events were loaded; scoring is validated against the final score and malformed parent events are excluded from chronology calculations.

LIMITATION

This is a one-game descriptive analysis. It explains this match and does not establish a repeatable team identity without a larger sample.

FINAL COACHING CONCLUSIONS

FOR CENTRUM TIGERS

Protect the most efficient shot areas, reduce possessions ending in live-ball turnovers and connect offensive rebounds to higher-value attempts. Compare the team's 2PT, 3PT and free-throw profile before making a shooting-only diagnosis.

FOR FRØYA

Preserve the possession and shot-quality advantages that produced the result, but test whether the same profile survives against a different defensive scheme and a larger sample.

MATCH IN ONE SENTENCE

Frøya combined the stronger points-per-possession profile with the better balance between shot value, possession security and scoring distribution.